

SHALL WE DANCE?

Are you aged 55+?

Do you like music and meeting people?

Then come along and join us for a dance!



No experience needed,
Appropriate for all fitness levels,
Support weight loss and muscle gain,
Make new friends!

Tuesday, 10:30am - 11:30am

£2.50 per session

Seacroft Good Neighbours

Kentmere Community Centre, Kentmere
Avenue

Telephone 0113 2323662
Other Activities Available,
Contact Us For More Details

**Seacroft
Good
Neighbours**